



July 18, 2023 Vol. 75, No. 29

Waste Not Want Not

WATCH

The old saying, “Waste not, want not,” applies to oneself. If /don’t waste, then /won’t be needy. What if, instead, we applied it to others? If *wedon’t* waste, then *others* are less likely to be needy. This picks up the theme from last Sunday’s sermon about food loss and waste. Food loss is food that never makes it to market. It’s lost in the process of food production. Food waste is food that is fit for consumption but never gets eaten. Reducing loss and waste is one way we can address both food insecurity and climate change. It is also one way we can follow Christ and attempt to live out God’s sense of justice. “Whoever pursues righteousness and kindness, will find life and honor” (Proverbs 21:21).

Throughout our series on food insecurity, my goal has been to address the need and invite us to think about various causes. Last week, when we looked at the Jubilee Year, we considered the Levitical ideal of forgiving debt, freeing captives, and allowing the land to lie fallow. Everything in creation gets a break to rest and recover. While this concept might seem impractical (or impossible), we can seek ways to “free the captives” (Jesus in Luke 4:18, quoting Isaiah 61:1). What are some ways we can “free the captives” and practice Jubilee?

“[Dinner with Andrew](#)” raises money to help local food banks, so when we support this mission in memory of Colleen Baber’s son Andrew, we support feeding people in our area who are hungry. Those who are bound by the chains of cyclical poverty often don’t know why they can never seem to get ahead. Something always seems to come up to push them back. When we support local food banks, we help free them from the bondage of having too little to pay for something to eat.

SERVICE OF HOLY WORSHIP

July 23, 2023

11:00 AM

Sermon:

"Starving in the Ivory Tower"

Dr. Matthew Tennant

Scripture:

James 5:1-6

Anthem:

"Ubi Caritas"

SUNDAY SERVICE

Deacon: Jackie Lockwood

Ushers: Gail & Johnny Ellen

CALENDAR

WEDNESDAY, July 19

9:00 Work Team

6:30 Summer Choir Rehearsal

SATURDAY, July 22

10:00 Rise Against Hunger

SUNDAY, July 23

8:30 Missions Council Meeting

9:30 ESOL Class

9:45 Sunday Morning Bible Study

11:00 Morning Worship

MONDAY, July 24

1:00 Schleiermacher Reading Group

TUESDAY, July 25

11:00 Development Team Meeting

What about our time? Does anyone ever waste some time? I know I do. By using some of our time to help others, we waste not, so we can help others. **This Saturday, July 22, is our next Rise Against Hunger event.** Giving just a few hours (10am to noon) can help prepare 15,000 meals for some of the hungriest on God's planet.

Just like the Jubilee Year and ending hunger in our area through something like "Dinner with Andrew," we cannot solve world hunger alone. But we can make a difference when we work together. If you can spare a few hours, and want to have a lot of fun, [register to join us this Saturday](#) for our next Rise Against Hunger event.

Faith is something we do (James 2:14-17). One way we can express our faith is by serving people who have the greatest needs (Matthew 25:31-46). I hope you will join me this Saturday for Rise Against Hunger.

Bring a friend, family member, coworker, or casual acquaintance. I look forward to seeing you on Saturday!

Peace,
Matt

Dinner with Andrew

One of the members of our church family has been raising funds to address food insecurity every year since July 2001. On January 1, 2001, Colleen Baber's son Andrew choked on a gummy candy and did not survive. He had been working at Domino's Pizza at the time, and his coworkers wanted to do something to honor his memory. They chose a food drive which fit well with honoring Andrew because few people liked to eat more than he did. Thus, "Dinner with Andrew" began.

This year is the twenty-third year Colleen has been collecting donations in Andrew's memory. In 2020, she switched from collecting and sorting food to taking donations for food gift cards. She gives these cards to families in extreme need through The Jefferson Area Food Bank, The Salvation Army, The Emergency Food Bank, and ARC. We can help address food insecurity and be the hands and feet of Christ by supporting this ministry. You can contribute directly [through this link](#), or you can send a check to the church or give online with "Dinner with Andrew" in the memo line.

For our most up-to-date calendar, [click here](#).

Prayer Requests*

Jack & Jo-Ann Averill

Alba & Pam Beasley
Sheltering Arms Institute
Attn: Alba Beasley Room 3008
2000 Wilkes Ridge Drive
Richmond, VA 23233

Clara Brown

Leon & Nancy Castle

Lynne Gardner & Family on the death of her daughter-in-law

Al Holliday & Judy Shah & Family on the death of Lucille Holliday

Ed & Carolyn Lowry

Barbara Newlon

Melvin & Mildred Spicer

Mike Takacs, who received a kidney transplant at UVA. His wife, Crystal, worshiped with us on Sunday.

*In order to respect privacy, limited information is included here.

Thank You

We would like to thank our Church Family for all their love and support after Lucille's passing. It has meant so much to us.

In Christian Love,
Al Holliday
Judy & Hasmukh Shah

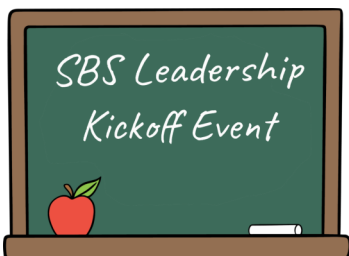
"Thank you" seems so inadequate to express my sincerest appreciation to my UBC family for your caring words of comfort, prayers, cards, and flowers at the untimely death of my daughter-in-law, Robin Gardner, wife of son, Steve and mother of Joshua and Kelsey.
Lynne Gardner



BUDGET Update

Second quarter giving statements are coming out this week. If you do not receive yours (either through email or print) or you have questions, please email [Amanda](#) or call the church office at 434-293-5106.

Second Quarter Financial Update
January-June 2023
Contributions: \$240,050.81
Expenses: \$320,158.25



Sunday Bible Study Leadership Kickoff Event

Saturday, August 19
8:30 - 11:30 am
ALL teachers, leaders,
and interested members

Come for inspiration, information,
encouragement, and team building!



Volunteers Needed

Sign up to help us give out ice cream each Wednesday! Click [this link](#) to add your name and join us anytime between 10:30 and 11:30

to help set up and/or between 11:30 and 1:30 on the front steps to serve the ice cream.



Rise Against Hunger with UBC

This Saturday, July 22, beginning at 10:00 a.m., UBC will host our fourth meal packing event with Rise Against Hunger! Bring your baseball cap, if you don't want to wear a hairnet, and help us pack a record 15,000 meals! We've packed just under 40,000 meals so far!

Click [here](#) to find out more about Rise Against Hunger (RAH). This is a fun and intergenerational mission event. There's something for all ages.

Go to our [website page](#) to view all the packing dates and to sign up to help us meet our goal of 100,000 meals!



HAPPY BIRTHDAY!!

Join us in wishing some of our church family a Happy Birthday next week!

July 29: Aimee Marshall, Bobby Gough

July 30: Lily Pallini

July 31: Ponyo Mulcahy



Doc and Sarah Litchfield invite you to join them in celebration of and thanking for their Sixtieth Wedding Anniversary. Come as you are to the Open House Reception at Beaver Dam Baptist Church, Troy, VA, on Saturday, August 19, 2023, anytime between 1:00 and 3:00 p.m.

Two requests:

- 1) Please, no gifts
- 2) RSVP by August 4, 2023, to Caren Francis, 2francisboys@gmail.com or 434-882-5654.

WMU Woodbrook School Supplies Project

Since 2008, the Woman's Missionary Union (WMU) has collected money and purchased school supplies for the economically disadvantaged children at Woodbrook Elementary School. This project is coordinated by Love INC in cooperation with city and county schools' Family Support Workers.

We will be collecting for this fund during the month of July. The money we collect will help UBC purchase school supplies all year long for these children. This money also helps occasionally with shoes, emergency clothing, hygiene needs, and healthy snacks for these same children during the school year. This year Woodbrook has approximately 570 students on roll.

During good years between 50 and 60% of Woodbrook students have relied on the free or reduced-price lunch program, but that number has increased to 65%. School supplies lists that families are asked to provide at the beginning of the school year are usually more than \$50 for each child (and that doesn't include a backpack or tennis shoes). Just imagine if you are an out-of-work parent with three or more children. Your gifts enable the Woodbrook Family Support Workers to provide the needed school supplies for these less fortunate children.

Please help us make these children's school experience meaningful and productive by making checks or online gifts payable to UBC and earmarked "school supplies."



Collection for the University of Virginia Hospital Hospitality House

Through the summer, the Kittie Colvin Trail Circle will be collecting items for the UVA Hospital Hospitality House. If you have a few things you no longer need, please bring them to the collection boxes in the 1st floor lobby. Click [here](#) for more information and a list of requested items.

Sunday Mornings

Worship

Our Sunday morning worship service will begin at 11:00 am. We encourage everyone in the congregation to join us in whatever way you feel safe and comfortable at this time, whether in person or virtually. As always, you can listen by radio on WINA (1070 AM and 98.9 FM), or you can join us online for our live broadcast. To view the live video broadcast, visit our [Facebook page](#) or click [this link](#) to watch on YouTube.

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Connect with us

